Indiana families experience a wide variety of needs for information, support, and connections. Too often families struggle to connect to these important resources, so many organizations throughout the state exist to help meet those needs. The organizations listed on this fact sheet are a starting place. It is important to note that this is NOT a complete listing; families can learn more about other resources both by connecting with these organizations and by searching this statewide resource directory:

**ASK Resource Directory** [www.aboutspecialkids.org](http://www.aboutspecialkids.org)
About Special Kids’ online Resource Directory connects families and professionals to national, statewide and local resources for children with special needs. This directory is available 24 hours a day online and has over 2,000 resources covering a wide range of special needs. This information can be searched by keyword, by county, or by service specific needs. Additional information is available by calling 1-800-964-4746.

**Statewide Organizations**
Statewide organizations with broad missions and resources can be a great “first stop” when families are seeking information. They often provide newsletters or other communication that can keep a family connected to information and resources.

**ASK**
About Special Kids is a “Parent to Parent” organization that works throughout the state of Indiana supporting children with special needs and their families by answering questions and providing support, information, and resources.
Website: [www.aboutspecialkids.org](http://www.aboutspecialkids.org)
Phone: 1-800-964-4746

**Family Voices Indiana**
Family Voices of Indiana shares advocacy opportunities and updated information on issues that impact Indiana families of children with disabilities or special needs. The organization also serves as the state’s Family-to-Family Health Information Center under a grant administered by the U.S. Department of Health and Human Services.
Website: [www.fvindiana.org](http://www.fvindiana.org)
Phone: 844-323-4636

**IN*SOURCE**
IN*SOURCE, the Indiana Resource Center for Families with Special Needs, provides parents, families, and service providers in Indiana with the information and training necessary to help assure effective educational programs and appropriate services for children and young adults with disabilities.
Website: [www.insource.org](http://www.insource.org)
Phone: 1-800-332-4433

**Indiana Disability Rights (IDR)**
IDR is a congressionally mandated, legally based disability rights agency created to protect and advocate for the rights of people with disabilities. It is Indiana’s federally designated Protection and Advocacy system and client assistance program. IPAS staff includes disability rights advocates and attorneys who have the authority to pursue appropriate legal and administrative remedies. IDR may be able to assist Hoosiers who have a disability and are being denied a right or are being discriminated against because of a disability.
Website: [http://in.gov/idr/](http://in.gov/idr/)
Phone: 1-800-622-4845
Disability Specific Organizations  
There are several statewide organizations that focus on specific disabilities and diagnoses. These resources may help families connect to others with similar experiences and may also connect families to local groups and resources.

**The Arc of Indiana**  
Established in 1956 by parents of children with developmental disabilities. The Arc of Indiana’s main focus is to provide a resource for families to come together and help advocate for a better life for their children. The Arc of Indiana is committed to progressive public policy to protect rights and improve services for people with developmental disabilities.  
Website: [www.arcind.org](http://www.arcind.org)  
Phone: 800-382-9100

**United Cerebral Palsy Association of Greater Indiana**  
UCPAGI provides support and services to children and adults with cerebral palsy and their families throughout each of Indiana’s 92 counties.  
Website: [www.ucpainty.org](http://www.ucpainty.org)  
Phone: 317-871-4032

**Down Syndrome Indiana**  
Down Syndrome Indiana is an organization serving the needs of individuals with Down Syndrome along with their families, caregivers, teachers and employers. Down Syndrome Indiana offers a wide variety of resources for families and medical professionals. In addition, Down Syndrome Indiana coordinates active support groups to connect families and hosts several events throughout the year.  
Website: [www.dsindiana.org](http://www.dsindiana.org)  
Phone: 888-989-9255

**Autism Society of Indiana**  
The Autism Society of Indiana is the state chapter of the Autism Society of America. They serve as a first point of contact for families and people affected by autism, providing insight into therapies, referrals to doctors or support groups, or just listening.  
Website: [www.autismsocietyofindiana.org](http://www.autismsocietyofindiana.org)  
Phone: 800-609-8449

**Indiana Federations of Families for Children’s Mental Health**  
IFFCMH is a network of families of children and adolescents with emotional, behavioral and mental health needs. IFFCMH connects families not only with other families, but with professionals and other interested people and groups.  
Website: [www.indianafamilies.org](http://www.indianafamilies.org)  
Phone: 866-247-8457

**Regional and Local Groups**  
Many areas of our state have local support groups and networks that serve families. Families can connect to these resources using the directory and via the organizations above. Families are encouraged to learn about the resources available in their own communities.

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**Programs and systems change often. It is important to ensure that you are using the most current information. This Fact Sheet was updated on July 26, 2017. Please check [http://fvindiana.org/fact_sheets](http://fvindiana.org/fact_sheets) for the most recent edition.**  
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