

Heart to Heart 2019 Conference Sessions

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Understanding the Funding Maze: Jennifer Akers, Family Voices Indiana. Children and youth with special health care needs receive a level of health care beyond that of typical kids, and often typical insurance coverage is not enough. This session explores commercial insurance, Medicaid and other coverage available for CYSHCN, Medicaid waivers, and SSI for children and adults with disabilities and how to understand and access these funding programs.

Child Mental Health: Jordan Huskins, MD, Riley Hospital for Children, and Jill Hunsberger, Eskenazi Health.

Our Child's Education: Creating Universally Supportive Environments: Sally Reed Crawford, Indiana Institute on Disability & Community, Indiana University. The purpose of this session is to enable the learner to be aware of the definition of quality inclusion with the cornerstones of Access, Participation, and Supports and what to look for in educational or community settings. An overview of the evidenced based components of effective inclusion will be included along with examples of what quality inclusion looks like.

What to Know About Supported Decision-Making: Melissa Keyes, Indiana Disability Rights.

The purpose of this session is to enable the learner to understand what supported decision-making is and how it is different from other available options.

Filling the Funding Gaps: Jennifer Akers, Family Voices Indiana. Even the best insurance doesn't cover all the expenses of raising a child with special health care needs. Families often don't fully understand what Medicaid or other supports might cover. This session takes a life course approach to addressing transportation, housing, basic needs and more.

Understanding Medicaid Waivers: Heather Dane, Bureau of Developmental Disabilities Services. During this session the participants will gain knowledge on the waivers available through the Bureau of Developmental Disabilities, how to apply, and what to expect from the waiver.

Creating a Care Notebook: Kerry Bonney, Family Voices Indiana. Children and youth with special health care needs often access multiple providers and services. This workshop will discuss ways to organize medical information in order to maximize the children's services and to better communicate with multiple providers. Participants will create a care notebook to take home.

IoT (Internet of Things)—New Opportunities for Persons with Disabilities: Bill Norton and Josh Anderson, Easterseals Crossroads. The latest trend in technology is the Internet of Things (IoT). This includes wearable technology and internet connected devices like fitness trackers, smart watches, personal in-home voice assistants, mobile tech, and so much more. With these devices come new opportunities to meet the needs of individuals with disabilities. This session

will focus on how these devices can be used to assist individuals with organization, productivity, independence, and communication at work and home.

Special Education: Jennifer Akers, Family Voices Indiana. This session explores how to write a vision statement and why it's important to have one, how to understand components of an IEP, and the rights of students with special needs under federal and Indiana special education laws, with a focus on effectively advocating for a child's educational needs.

Transition to Adulthood Panel: Moderator Kerry Bonney; Panelists: Marty Stone, Family Voices Indiana; Patty Reed, parent of an adult child with special healthcare needs; Jan Labas, parent of an adult child with special healthcare needs; Luke Labas, self-advocate; Carol Averbek, parent of an adult child with special healthcare needs; Denise Arland, parent of an adult child with special healthcare needs. Preparing for adulthood for a teen with special health care needs can be intimidating. The panel of parents and self-advocates will discuss common issues surrounding transition, including guardianship, programs and services, and independent living. There will be an audience Q&A session at the end of the discussion. (Presentation not available.)

What is your good life? Heather Dane, Bureau of Developmental Disabilities Services.

Charting the LifeCourse Framework was created BY FAMILIES to help individuals and families of all abilities and all ages develop a vision for a good life. Developing your vision helps you to think about what you need to know and do, identify how to find or develop supports, and discover what it takes to live the life you want to live. Through this training individuals and families may focus on their current situation and stage of life but may also find it helpful to look ahead to think about what life experiences are necessary to be successful. We will explore the principles and tools available for you to chart the path for your child and your family towards what you have defined as your best life.

The Waiting Game: Bill Beechler, MD, and Christine Raches, PsyD, Riley Child Development Center. There is often a long waiting period between a parent or professional's concerns about a child's development and the necessary evaluation to evaluate for a diagnosis. This presentation will help families and professionals understand the services and resources available to families during that waiting period. Additionally, this presentation will talk about what to expect when a family attends their interdisciplinary evaluation. Case studies will aid in the discussion.